

# PERSONAL AND SOCIAL DEVELOPMENT FORM 4

## General Aims in Form 4:

During Form 4, students will focus primarily on health, values and relationships. The topic of assertiveness, responsibility, and respect in relationships are also given particular attention. PSD will:

- provide students with effective skills and practice of public speaking;
- explore assertiveness skills in relationships
- provide understanding on responsibility and respect in relationships.
- provide understanding on sexually transmitted infections;
- explore the student's role in society;
- foster an understanding of the duties and obligations towards others and society.

## Method of instruction:

Experiential activities, including: role playing, watching educational videos, brainstorming, small group work, talks by speakers, group discussions and other interactive activities.

## Evaluation:

PSD is a life-skills training programme with no formal annual exam.

## Teaching Plan

- Sept-Oct: **BACK TO SCHOOL:** Introduction on teamwork and co-operation. Setting and reinforcing common ground rules.
- Oct: **SELF EXPRESSION:** Exploring communication skills such as body language and public speaking.
- Nov: **INTERPERSONAL RELATIONSHIPS:** Exploring the role of empathy in relationships and knowing about the responsibility and harmony in relationships.
- Nov-Dec **CHILD DEVELOPMENT:** Exploring conception and pregnancy, birth and bonding and teenage pregnancy.
- Jan: **HEALTH AND SEXUALITY:** Understanding the difference between HIV and AIDS and identifying ways of transmission and misconceptions concerning HIV and AIDS. Becoming aware of sexually transmitted infections (STI) and learning how to avoid them.

- Jan-Feb SOCIAL OBLIGATIONS: Learning about the consequences of deviant behaviour and complicity
- Mar-April CITIZENSHIP EDUCATION: Exploring democratic citizenship, taking the responsibility in protecting the environment and knowing about the rights and duties of workers.
- May-Jun: MANAGEMENT SKILLS: Planning one's studies, budgeting and understanding the rights and obligations of consumers.  
CLOSURE: Evaluation, and teaching the skills in creating a plan for the summer holidays to ensure a safe parting atmosphere.<sup>1</sup>

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<sup>1</sup> References: Education Division Malta:  
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[http://www.curriculum.gov.mt/docs/syllabus\\_psd.pdf](http://www.curriculum.gov.mt/docs/syllabus_psd.pdf)