

PERSONAL AND SOCIAL DEVELOPMENT FORM 2 2008-2009

General Aims in Form 2:

During Form 2, students will focus primarily on the Self and Others through relationships. The topic of responsibility and responsible decision making are given particular attention. PSD will:

- provide students with knowledge about themselves and others in relationships;
- explore values and attitudes;
- provide understanding and appreciation on their physical changes;
- inform students on how to have a healthy life-style;
- explore communication skills and self-confidence;
- explore the effects of alcohol and drug abuse;
- explore different types of hobbies and volunteer organizations.

Method of instruction:

Experiential activities, including: role playing, watching educational videos, brainstorming, small group work, talks by speakers, group discussions and other interactive activities.

Evaluation:

PSD is a life-skills training programme with no formal annual exam.

Teaching Plan

Sept-Oct:	BACK TO SCHOOL: Introduction on teamwork and co-operation. Setting and reinforcing common ground rules.
Oct:	SELF AWARENESS: 1. Exploring self confidence 2. communication.
Nov:	3. Values and Diversity.
Nov-Dec	RELATIONS WITH OTHERS: Exploring groups and family, peer pressure and bullying. RESPOSIBILITY FOR LEARNING: Recognizing strengths and weaknesses and exploring learning patterns and decision making.

Jan:	HEALTH: Learning about hair, skin and body image.
Jan-Feb	PHYSICAL DEVELOPMENT: (1) Revising same gender physical development, same gender sexual development and same gender emotional development. (2) Focusing on opposite gender physical and emotional development. (3) Identifying abusing situation and exploring practical skills if confronted with these situations.
Mar-April	Identifying the effects of alcohol and learning concepts of dependency, tolerance and addiction. Identifying the different drugs and becoming aware of the various reasons why people abuse drugs. Learning communication skills, such as assertiveness, to be able to say “No” to alcohol and drugs.
May-Jun:	LEISURE AND RECREATION: Exploring time and leisure, identifying hobbies, and becoming aware of volunteer organizations. CLOSURE: Evaluation, and teaching skills in creating a plan for the summer holidays to ensure a safe parting atmosphere. ¹

¹ Education Division Malta: http://www.curriculum.gov.mt/docs/syllabus_psd.pdf